

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2026

4 One on Ones 10:00 Worship Hour Table Tic-tac Toe Chair Yoga 2:00 Devotion & Coffee Bending and Stretching Color Therapy Gospel Music 7:00 Relaxation Station	5 Ones on ones 10:00 Monday Moves Folding and Separating Color Match 2:00 Cooking Club: PB Bars Classic Country Card Games Ski Ball 7:00 Gentle Stretch & Soothe	6 One on Ones 10:00 Art Club: Snow Globe Color Therapy Puzzle Time 2:00 Bingo Table Ski Ball Classic Jazz Seated Boxing 7:00 Art & Tea	7 One on Ones 10:00 Bible Study Reflexology Session Show & Tell 2:00 Resident Council Afternoon Boogie Trivia Drumming 7:00 Relaxation Station	1 One on Ones 10:00 Men's Group Christmas Memories 2:00 Bingo Afternoon Boogie Red Hat Society Oldies Music Hour 7:00 Relaxation Station New Year's Day	2 One on Ones 10:00 Karaoke Time Noodle Bat Folding and Sorting 2:00 Ice Cream Social Rhymes and Riddles Chair Yoga 7:00 Art & Tea	3 One on Ones 10:00 Tai Chi Wii Games Simon Says 2:00 Jeopardy Folding and Sorting 4-5:30 Movie and Popcorn 7:00 Puzzle Time
11 One on Ones 10:00 Yolanda Playing Hymns Bible Study Color Therapy 2:00 Devotions & Coffee Sunday Football Hymns Joyce Meyer 7:00 Relaxation Station	12 One on Ones 10:00 Monday Moves Music Hour Sensory Station 2:00 Cooking Club: Fudge Table Tic Tac Toe Nail Spa Map The Weather 7:00 Good News Circle	13 One on Ones 10:00 Art Club: Q-tip Snowflakes Resident Choice Game Reflexology 2:00 Bingo Music Hour Walking Club 7:00 Relaxation Station	14 One on Ones 10:00 Bible Study Sensory Station Sharing Is Caring 2:00 Arts & Crafts: Reindeer Rolls Chair Yoga Classic Country 7:00 Art & Tea	15 One on Ones 10:00 Men's Group Classic TV Show's Classic Country Music 2:00 Bingo Noodle Bat 7:00 Good News Circle	16 One on Ones 10:00 Karaoke Time Classic Rock Music Snowball Toss 2:00 Ice Cream Social Folding and Separating Shaving Cream Art 7:00 Art & Tea	17 One on Ones 10:00 Tai Chi Stories Out of a Hat Golden Oldies 50's & 60's 2:00 Resident Choice Board Game Table Talk 4-5:30 Movie and Popcorn 7:00 Puzzle Time
18 One on Ones 10:00 Worship Hour Bible Study Hymns 2:00 Devotions & Coffee Sunday Football Joyce Meyer 7:00 Relaxation Hour	19 One on Ones 10:00 Monday Moves Folding and Separating Color Match 2:00 Cooking Club: Buckeyes Classic Rock Nail Spa Ball Toss 7:00 Gentle Stretch & Soothe Martin Luther King Jr. Day	20 One on Ones 10:00 Art Club: Make Puffy Paint Reflexology Station Resident Choice Game 2:00 Bingo Walking Hour Music Hour Table Tic Tac Toe 7:00 Art & Tea	21 One on Ones 10:00 Bible Study Classic TV Show's Who Am I? 2:00 Arts & Crafts: Name & Paint Chair Yoga Classic Country Bracelet Making 7:00 Good News Circle	22 One on Ones 10:00 Men's Group Musical Time Table Talk 2:00 Bingo Sensory Station Brain Stimulation Puzzles 7:00 Gentle Stretch & Soothe	23 One on Ones 10:00 Karaoke Time Golden Oldies Hour Folding and Separating 2:00 Ice Cream Social Sensory Hour Walking Club Comedy Hour 7:00 Relaxation Station	24 One on Ones 10:00 Bodies In Motion Show & Tell Resident Choice Music 2:00 Resident Choice Activity Jeopardy Fun Games What Ideas Can We Come Up With 7:00 Reminiscence & Reflect
25 One on Ones 10:00 Yolanda Playing Hymns Chair/ Standing Pilates Color Therapy 2:00 Devotions & Coffee Sunday Football Joyce Meyer 7:00 Relaxation Station	26 One on Ones 10:00 Monday Moves Seated Boxing Walking Club 2:00 Cooking Club: Coconut B.C Map the Weather Music Choice 7:00 Good News Circle Australia Day (Observed)	27 One on Ones 10:00 Art Club: Bubble Dough Card Games Table Talk 2:00 Bingo Jeopardy Music Hour 7:00 Relaxation Station	28 One on Ones 10:00 Bible Study Drumming Circle Chair Pilates 2:00 Arts & Crafts: Water Paint Music Hour Puzzles 7:00 Art & Tea	29 One on Ones 10:00 Men's Group Brain Stimulation (Trivia, Riddles) Reflexology Time 2:00 Bingo Music Hour Hydrate & Chat 7:00 Good News Circle	30 One on Ones 10:00 Karaoke Time Table Games Color Therapy 2:00 Birthday Bash Trivia & Riddles Classic Rock 7:00 Art & Tea	31 One on Ones 10:00 Tai Chi I-SPY Build-It Crafts 2:00 Resident Choice Wii Game Dominoes Relaxation Music 7:00 Puzzle Time

Prairie Crossing Living and Rehabilitation Center 409 W. Comanche Ave, Shabbona IL 60550

Family and Friends are welcome to join us in the fun!