

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2026

9:00 One-on-Ones 10:00 Worship Hour 11:00 Bible Study 2:00 Music Therapy 3:00 Sunday Football 4:00 Hymns 5:00 Joyce Meyer 7:00 Relaxation Hour	9:00 One on Ones 10:00 Monday Moves 11:00 Table Games 2:00 Cooking Club: PB Bars 3:00 Trivia 4:00 Drumming 5:00 Music Hour 7:00 Gentle Stretch & Soothe – Light stretching with calming music.	9:00 One on Ones 10:00 Art Club: Snow Globe 11:00 Ski Ball 2:00 Bingo 3:00 Chair Yoga 4:00 Nail Spa 5:00 Country Music 7:00 Art & Tea – Coloring or painting with a warm beverage.	9:00 One on Ones 10:00 Bible Study 11:00 Map the Weather 2:00 Resident Council 3:00 Afternoon Boogie 4:00 Red Hat Society 5:00 Sensory Station 7:00 Relaxation Station	9:00 One-On-Ones 10:00 Men's Group 11:00 Name the Song Sing-along 2:00 Bingo 4:00 Show and Tell 5:00 Jeopardy 7:00 Good News Circle-Share stretching with calming music.	9:00 One-On-Ones 10:00 Karaoke 11:00 Science Club: Melting Snowman 2:00 Ice Cream Social 3:00 Color Match 4:00 Fun Stretches 5:00 Jazz Hour 7:00 Relaxation Station	9:00 One-On-Ones 10:00 Karaoke Time 11:00 Science Club: Candy Cane 2:00 Ice Cream Social 3:00 Snowball Toss 4:00 Chair Yoga 5:00 Hydrate & Chat 7:00 Art & Tea – Coloring or painting with a warm beverage.	9:00 One on Ones 10:00 Tai Chi 11:00 TV Shows of Yesterday Trivia 2:00 Table Talk 3:00 Noodle Bat 4:00-5:30 Movie & Popcorn 7:00 Puzzle Time
9:00 One on Ones 10:00 Bible Study 2:00 Devotions & Coffee 3:00 Sunday Football 4:00 Color Therapy 5:00 Joyce Meyer 7:00 Relaxation Station	9:00 One on Ones 10:00 Monday Moves 11:00 Stories Out of A Hat 2:00 Cooking Club: Fudge 3:00 Walking Club 4:00 Seated Boxing 5:00 Music Hour 7:00 Good News Circle-Share Something Good From Your Day	9:00 One-On-Ones 10:00 Art Club: Q-tip Snowflakes 11:00 Five Clues Game 2:00 Bingo 3:00 Tai Chi 4:00 Nail Spa 5:00 Resident Choice Game 7:00 Relaxation Station	9:00 One-On-Ones 10:00 Bible Study 11:00 Get Smart/Trivia 2:00 Arts & Crafts: Reindeer Rolls 3:00 Chair Yoga 4:00 Red Hat Society 5:00 Puzzles: Pics or Words 7:00 Art & Tea	9:00 One on Ones 10:00 Men's Group 11:00 Resident Wii Choice 5:00 Country Music 7:00 Good News Circle-Share Something Good From Your Day.	9:00 One-On-Ones 10:00 Karaoke Time 11:00 Science Club: Balloon Experiment 2:00 Ice Cream Social 3:00 Beanbag Toss 4:00 Meditation Relaxation 5:00 Hydrate & Chat 7:00 Art & Tea – Coloring or painting with a warm beverage	9:00 One-On-Ones 10:00 Karaoke Time 11:00 Science Club: Cloud Dough 2:00 Ice Cream Social 3:00 Comedy Hour 4:00 Music and Exercises 5:00 Jazz Hour 7:00 Relaxation Station	9:00 One on Ones 10:00 Tai Chi 11:00 Finish The Sentence 2:00 Resident Choice Board Games 3:00 Drawing Lesson 4:00-5:30 Movie & Popcorn 7:00 Puzzle Time
9:00 One on Ones 10:00 Worship Hour 11:00 Bible Study 2:00 Devotions & Coffee 3:00 Sunday Football 4:00 Hymns 5:00 Joyce Meyer 7:00 Relaxation Hour	9:00 One on Ones 10:00 Monday Moves 11:00 Stories Out of A Hat 2:00 Cooking Club: Buckeyes 3:00 Trivia 4:00 Drumming 5:00 Music Hour 7:00 Gentle Stretch & Soothe – Light stretching with calming music. Martin Luther King Jr. Day	9:00 One on Ones 10:00 Art Club: Make Puffy Paint 11:00 Table Tic-Toe 2:00 Bingo 3:00 Chair Yoga 4:00 Nail Spa 5:00 Country Music 7:00 Art & Tea – Coloring or painting with a warm beverage.	9:00 One-On-Ones 10:00 Bible Study 11:00 Riddle Me This 2:00 Arts & Crafts: Name & Paint 3:00 Resident Say's 4:00 Red Hat Society 5:00 Minute to Win it 7:00 Good News Circle-Share Something Good From Your Day	9:00 One-On-Ones 10:00 Men's Group 11:00 Resident Choice 2:00 Bingo 5:00 Table Talk 7:00 Gentle Stretch & Soothe – Light stretching with calming music.	9:00 One-On-Ones 10:00 Karaoke Time 11:00 Science Club: Gummy Bear 2:00 Birthday Bash 4:00 Who Am I? 5:00 Hydrate and Chat 7:00 Art & Tea – Coloring or painting with a warm beverage.	9:00 One-On-Ones 10:00 Karaoke Time 11:00 Science Club: Cloud Dough 2:00 Ice Cream Social 3:00 Comedy Hour 4:00 Music and Exercises 5:00 Jazz Hour 7:00 Relaxation Station	9:00 One on Ones 10:00 Tai Chi 11:00 I-Spy 2:00 Resident Choice Wii Game 3:00 Table Tic-Tac Toe 4:00-5:30 Movie & Popcorn 7:00 Puzzle Time
9:00 One on Ones 10:00 Yolanda Playing Hymns 11:00 Bible Study 2:00 Devotions & Coffee 3:00 Football Sunday 4:00 Color Therapy 5:00 Joyce Meyer 7:00 Relaxation Station	9:00 One on Ones 10:00 Monday Moves 11:00 Stories Out of A Hat 2:00 Cooking: Coconut Buckeye 3:00 Walking Club 4:00 Sensory Station 5:00 Music Hour 7:00 Good News Circle	9:00 One-On-Ones 10:00 Art Club: Bubble Dough 11:00 Card Games 2:00 Bingo 3:00 Tai Chi 4:00 Nail Spa 5:00 Resident Choice Game 7:00 Relaxation Station	9:00 One-On-Ones 10:00 Bible Study 11:00 Mini Mysteries 2:00 Arts & Crafts: Water Paint 3:00 Table Air Hockey 4:00 Red Hat Society 5:00 Dominoes 7:00 Art & Tea – Coloring or painting with a warm beverage.	9:00 One on Ones 10:00 Men's Group 2:00 Bingo 4:00 Play an Instrument 5:00 Country Music 7:00 Good News Circle-Share Something Good From Your Day.	9:00 One-On-Ones 10:00 Karaoke Time 11:00 Science Club: Gummy Bear 2:00 Birthday Bash 4:00 Who Am I? 5:00 Hydrate and Chat 7:00 Art & Tea – Coloring or painting with a warm beverage.	9:00 One-On-Ones 10:00 Karaoke Time 11:00 Science Club: Cloud Dough 2:00 Ice Cream Social 3:00 Comedy Hour 4:00 Music and Exercises 5:00 Jazz Hour 7:00 Relaxation Station	9:00 One on Ones 10:00 Tai Chi 11:00 I-Spy 2:00 Resident Choice Wii Game 3:00 Table Tic-Tac Toe 4:00-5:30 Movie & Popcorn 7:00 Puzzle Time

Prairie Crossing Living and Rehabilitation Center 409 W. Comanche Ave, Shabbona IL 60550

Family and friends are welcome to join us in the fun!